

## NEWSLETTER

#### FORTHCOMING EVENTS / REMINDERS

If your child is absent please let us know by calling on 5169 6471 or entering the absence via the uEducateUs app by 8.45am.



Monday 20th October	Whole school swimming program
	F-3 Glasses for kids program
Tuesday 21st October	Whole school swimming program
Thursday 23rd October	Whole school swimming program
Friday 24th October	Whole school swimming program
	Final day for Krispy Kreme Fundraiser orders
Monday 27th October	Whole school swimming program
Friday 31st October	Halloween Community Event
Monday 3rd November	Student Free day
Tuesday 4th November	Melbourne Cup Public Holiday
Friday 7th November	Krispy Kreme delivery
Tuesday 25th November	2026 Prep Transition Session 1 (9.30am—11am)
Wednesday 26th November	Free Tennis Australia Day for Grade 6
	School Production
Tuesday 2nd December	2026 Prep Transition Session 2 (9.30am—11am)
	(Somers School Camp 02.12.25—10.12.25)
Friday 5th December	Kurnai College Year 7 Orientation Day 1
Monday 8th of December	Mirboo North Secondary College Orientation Day 1
	Kurnai College Year 7 Orientation Day 2
Tuesday 9th December	Statewide Year 7 Orientation Day
	2026 Prep Transition Session 3 (9.30am—11am)
Wednesday 10th December	Mirboo North Secondary College Orientation Day 2
Monday 15th December	Grade 6 Graduation
Friday 19th December	Last Day of Term 4—early dismissal 1.15pm

#### Well Done, Sophia!

We're so proud of Sophia, who represented our school at the Regional Athletics Competition on Wednesday.

She took part in the High Jump and Shot Put – what a superstar!

Sophia achieved a **Personal Best** in the High Jump, improving her previous jump by **3cm** – an amazing effort!

Congratulations, Sophia!



#### From the Principal's Desk:

#### Welcome Back to Term 4!

It's been wonderful to see everyone again after my break. A big thank you to Mrs Ryan and all of our amazing staff for the fantastic work they've done in continuing to support teaching, learning, and student wellbeing in my absence. I feel very lucky to work with such a dedicated and talented team.

Term 4 is always a busy one, and this term is no exception! Our **school swimming program** begins next week. This is a great way to prepare for the summer months, giving students the chance to strengthen their swimming skills and learn essential water safety knowledge. While this program is a great start, we encourage all families to continue supporting their child's swimming development outside of school as well.

A big thank you to Ms Larrad for organising the program!

To help keep track of everything happening this term, we recommend keeping a copy of the **Term 4 calendar** on the fridge.

Let's make it a great term!

#### A Special Visit to the Prep Classroom

This week, we welcomed some very special visitors to our Prep classroom – the children from **Boolarra Kindergarten**!

Our young guests joined the Preps for a fun and engaging literacy activity based on the story "Which Way Now?", which features a cake, a man, and some very determined ants.

It was a wonderful opportunity for the kinder children to experience a taste of school life, and our Prep students enjoyed being the friendly hosts. We loved having them visit!





#### **Morning Drop Off**

We have noticed that some children are arriving at school prior to 8.30. Please understand that prior to 8.30 students are unsupervised and with the exception of bus travelers should not be dropped off. We do understand that on some occasions families may need some assistance to juggle commitments. If this is the case a separate arrangement needs to made with the school .Please talk to Susan Duncan so we can discuss any issues.

#### **Connecting with the Community**

We are excited to once again be part of the **Boolarra Christmas Carols!** 

A group of our talented students have formed the **Boolarra Primary School Choir** and are busy rehearsing under the guidance of the wonderful **Garryelle**.

We can't wait to see them share their voices and festive spirit with the community at this special event!

#### Why It's Important to Arrive on Time to School

At our school, we know that every minute of learning counts. That's why arriving on time each day is so important!

When students arrive on time:

- They start the day calmly Coming in at the bell helps children settle in, organise their belongings, and get ready to learn without feeling rushed or anxious.
- They don't miss key instructions The first few minutes of the day often include important information about what's happening, what to expect, and what they'll be learning.
- They feel part of the group Arriving with classmates helps students feel included and ready to participate in class activities right from the start.
- They build good habits Learning to be punctual is a valuable life skill that sets children up for success both at school and later in life.

Even being just 10 minutes late each day can add up to over **a week of lost learning** across the year!

We understand that sometimes being late can't be helped. However, making a consistent effort to be on time helps your child make the most of their learning day.

Thank you for helping us give every student the best possible start to each school day!

#### KRISPY KREME DOUGHNUT FUNDRAISER

Reminder order forms and payment are due by **Friday, 24th October 2025**. We kindly ask that payments be made via direct debit, with completed order forms returned to the office. If you are unable to use direct debit, payments can also be made directly at the office. Extra order forms are available from the office if needed.

#### **School Banking Details**

Account Name: Boolarra Primary School

BSB: 063 522

Account Number: 10068539

Reference: Family Name – Krispy Kreme

Doughnuts will be ready for collection on Friday, 7th November 2025.



Our school has been identified as being at risk of bushfire or grassfire and is a Category 3 school.

Our school will close on a day forecasted as Catastrophic fire danger rating in West and South Gippsland district.

Closure of the school due to a Catastrophic fire danger rating will be enacted when the Bureau of Meteorology forecast and related public safety messaging are confirmed. Due to uncertainties in the forecast, the timing of this confirmation may vary. Information regarding potential or confirmed Catastrophic fire danger days will be communicated to you by uEducateUs App.

It is also important to be aware that:

- No one will be on site on days where the school is closed due to a forecast Catastrophic day.
- Out-of-school-hours care will also be cancelled on these days.
- All bus routes that travel through the Catastrophic area will be cancelled.
- School camps will be cancelled if a Catastrophic fire danger rating day is forecast for fire
  weather district in which the camp is located, or if the travel involves passing through areas
  that have Catastrophic fire danger.

# **AROUND THE ROOMS**

#### F-2 Class

Term 4! We have still been counting how many days at school and have reached 150 this week! We have been learning about position and location using maps and grids, and language such as 'left', 'right', 'forward', 'backwards'. The students have followed specific directions on maps and practised giving directions for someone else to follow.

On Thursday afternoon the whole school had a fun session with Mrs Duncan and our wonderful ES staff making Halloween Decorations for the Boolarra Hall, and the community activities coming up soon! It is always nice to see the older students helping out the juniors.

I would like to appeal to our families to try and set aside some regular time for reading practise each day, particularly for our very young students who are new to learning this new skill. Our Foundation students are doing a great job in recognising and blending 3 sounds together. To help them progress to the next stage we need them to be able to start to see these words and say them automatically without sounding out each word. This is part of becoming a fluent reader. We practise each day at school but would appreciate if families could add that extra 10mins to regularly read the words and book that comes home. They may have the same book for a few days, but this is how they become more familiar with the words and reduce the need for sounding each letter. Please send it back in their bag each day so we can keep track and change the books as needed.

We are looking forward to swimming next week and because our class have their lesson first up, we would like them to have their bathers under their uniform when they come in the morning.

Have a great weekend.

Mrs C, Mary, Sharon and Jade.







# **AROUND THE ROOMS**

#### 3-6 Class

In the 3-6 classroom, students have been learning about Location and Transformation in Maths. Some students took photos of the playground to recreate a simple 2D map. Students enjoyed versing each other in a game of Battleships to consolidate their knowledge of grid coordinates.

In Literacy, students have been learning about using correct sentence structure and writing information reports by using a planning template. Students have chosen a country to research and will be working on this over the next couple of weeks.

This term we will be spending Monday afternoons learning about Geography. Some students will be learning about Australia's states, territories and capital cities and other students will be investigating Australia's connections with Asia.

We have had a great start to the term!

Miss Creighton, Miss Bek, Kylie and Emily









# **AROUND THE ROOMS**

#### Specialist Classes week 2

Physical Education/Swimming Lessons

Next week we will begin our school swimming lessons. Thank you to Craig Burrows and Granny Barb who have volunteered to help with this event. Your child/children will need to bring their swimming gear on Monday the 20<sup>th</sup>, Tuesday the 21<sup>st</sup>, Thursday the 23<sup>rd</sup>, Friday the 24<sup>th</sup> and Monday the 27<sup>th</sup> of October. Please help your children to pack their bathers, towel, goggles and swimming cap (if needed), plastic bag for wet bathers and towel and a snack and a drink bottle. Please label all belongings.

#### Science

This week the 3/4/5/6 class have been learning about particles. The have explored the arrangement and motion of matter particles in solids, liquids and gases. A highlight of the lesson was playing the particles game where students had to work together to model the movement of particles in solids, liquids and gases.

The F/1/2 class reviewed the properties of different objects. They classified and described objects using their properties, such as hard, soft, shiny, dull, heavy, light, stretchy and transparent.



Lunch time fun





### **Sleep and Success at School**

As we return to school after school holidays, it is a good time to consider your child's sleep and help them to establish some good sleeping habits. A good night's sleep really helps children achieve their best while at school. Most children fall asleep within 20 minutes of going to bed. Daytime and bedtime routines can affect when children get to sleep.

#### Tips to help your child sleep better:

#### 1. Set up a bedtime routine

A regular <u>bedtime routine</u> starting around the same time each night encourages good sleep patterns.

#### 2. Relax before bedtime

Encourage your child to <u>relax before bedtime</u>. They might like to wind down by reading a book or listening to gentle music. If your child takes longer than 30 minutes to fall asleep, they might need a longer wind-down time before turning out the lights to go to sleep.

#### 3. Keep regular sleep and wake times

Keep your child's bedtimes and wake-up times within 1-2 hours of each other each day. This helps to keep your child's internal body clock in a regular pattern.

#### 4. Make sure your child feels safe at night

If your child feels scared about going to bed or being in the dark, you can praise and reward your child whenever they're brave. Avoiding scary TV shows, movies and computer games can help too.

#### 5. Check noise and light in your child's bedroom

Check whether your child's bedroom is too light or noisy for sleep. <u>Blue light</u> from televisions, computer screens, phones and tablets suppresses <u>melatonin</u> levels and delays sleepiness. Bright light in the hour before bedtime can have the same effect on young children.

#### Try these tips:

- Turn off devices at least one hour before bedtime.
- Keep digital technology out of your child's room at night.

If your child uses a night-light, choose a dim, warm-coloured globe, rather than a bright, white, cool-coloured globe.

#### 6. Eat the right amount at the right time

Make sure your child has a satisfying evening meal at a reasonable time. Feeling hungry or too full before bed can make your child more alert or uncomfortable. This can make it harder for your child to get to sleep. In the morning, a <u>healthy breakfast</u> helps to kick-start your child's body clock at the right time.

#### 7. Get plenty of natural light in the day

Encourage your child to get as much natural light as possible during the day, especially in the morning. Bright light suppresses melatonin. This helps your child feel awake and alert during the day and sleepy towards bedtime.

Looking for more information? Raising Children.net.au the Australian parenting website has further information about

Tina Larrad Christina.Larrad@education.vic.gov.au

Mental Health and Wellbeing Leader

improving your child's sleep.

My workdays are all day Tuesday and Wednesday and Thursday from 9am to 1pm

## Students of the Week



## Students of the Week

#### Week 1 Term 4

F/1/2

Blake G

Demonstrating our weekly value,
"Aspiration". You show persistence when tasks are challenging and have been very focused. Well done!



## Week 1 Term 4 Grade 3/4/5/6

Ava K

Having a great first week at BPS. You have been such a kind and respectful classmate.

Week 2 Term 4

F/1/2

Harry

Creating interesting sentences and using new words to improve them.



Week 2 Term 4
Grade 3/4/5/6

Jake

For showing the school value of engagement by focusing and ignoring distractions this week.



#### **Positive Yard Behaviour**

Congratulations to the following students.

You have demonstrated our school values out in the Yard:

Students can choose an item

from our prize box

Ava Blake B Aria Ethan



We hope these students have a brilliant time celebrating becoming one year older. Happy Birthday from all of us at Boolarra PS!

Gus Liam B

### **Maths Achievement Awards**

Week 1 Term 4 F/1/2

Scarlett



Week 2 Term 4

F/1/2

Oscar

Week 1 Term 4
Grade 3/4/5/6

Daisy



Week 2 Term 4
Grade 3/4/5/6
Emma & Gewalin





# Thank you!

- Mr and Mrs Black for our Wednesday breakfasts
- Garyelle for working with the students for the School Choir
- Granny Barb for your continued help
- Tina for organising our school swimming program
- 2025 School council members for attending the monthly meetings

### JUST A REMINDER.....

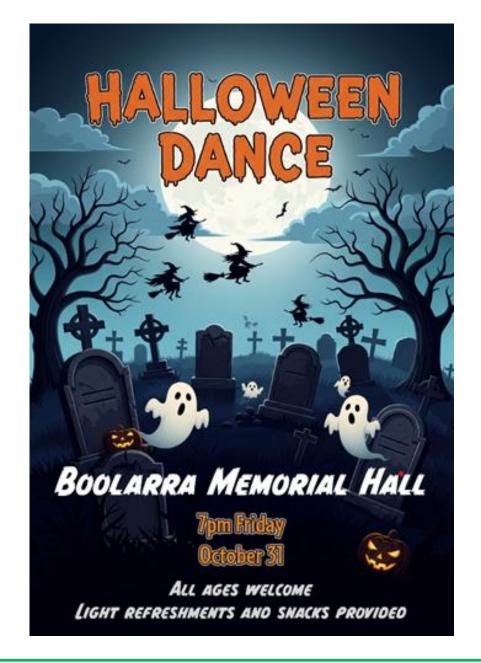
### If your child is absent

Please let us know by calling on 5169 6471 or entering the absence via the uEducateUs app by 8.45am.

Thank you



We are currently taking **enrolments for 2026**. If you know of potential eligible students encourage them to come for a school tour by making an appointment.





#### LATROBE VALLEY 'ALL-ABILITY' CRICKET PROGRAM 2025

All school aged children with additional needs are invited to join us for 'ALL Ability' Cricket, the sessions will run weekly during

Term 4, 2025 - 10 week program

Sessions will be held at

Traralgon West Cricket Club 'West-end Sports complex'- Jack Canavan Oval,

Douglas Parade, Traralgon

TUESDAYS from 5pm - 5.45pm

Starting October 14th and finishing on December 16th

(except Melbourne Cup Public holiday)

A parent/carer must attend and be willing to participate with the child if required

Cost is \$20 for the Term - siblings welcome to join in tool
Registration and payment will be organised at the sessions

For more information or questions, phone Sam (Coach) 0414516295 or Louise Varsaci 0414540296 or find us on Facebook - All-ability Sports, Latrobe Valley

